

## Indoor Soccer, 9-12 yrs

An experienced instructor introduces the game of soccer through fun drills and scrimmages. The class focuses on fair play and team spirit.

**\$23.20, 3 sessions**

**F, 3:05-4:35pm Mar 1 497622**

## All Sports, 5-8 yrs

Students get together with your friends and play such sports such as soccer, basketball, floor hockey and volleyball. Each class will focus on warm-up, skill development and then lots of time to just play the game in a fun and supportive atmosphere.

**\$30.90, 4 sessions**

**F, 3:05-4:35pm Jan 25 497574**

## Babysitter's Basics, 11+ yrs

Children will learn valuable babysitting skills, emergency procedures, and hints about childcare. Certificates are awarded to those who successfully complete the course. The course follows Canada Safety Council Guidelines that recommend children under 12 years of age do not babysit without adult supervision.

**\$76.80, 6 sessions**

**F, 3:05-5:05pm Jan 18 497626**

## Science Discoveries, 5-10 yrs

The children will have lots of opportunities to explore different aspects of science in this hands-on class. They will try experiments and discuss how science is an important part of our everyday world.

**\$27.45, 3 sessions**

**Th, 3:05-4:35pm Feb 28 467629**

\*Is the program full? We monitor waitlists weekly and will expand programs whenever we can.

\*\*After school programs do not run on Pro-D days or school holidays.

## Creative Artworks, 6-9 yrs

This exciting multimedia class provides children with an opportunity to explore a variety of visual arts materials and techniques including painting, printmaking, collage and 3D sculpture.

**\$46.20, 4 sessions**

**W, 3:15-4:45pm Jan 30 497910**

## Muffins and Cookies Galore, 5-9 yrs

Enjoy making and eating a variety of wonderful baked goodies. Each week there's a new recipe to try. Children also make a recipe booklet to take home.

**\$28.80, 3 sessions**

**Tu, 3:05-4:35pm Jan 22 497627**



## Knitting for Beginners, 8-12 yrs

Knit and pearl, loop and twist, learn how to do basic knitting stitches. All materials Provided.

**\$38.40, 4 sessions**

**M, 3:05-4:35pm Feb 4 497598**

*It is the responsibility of the parent/guardian to ensure their children are dropped off and picked up from the program. If your child is walking home from the program on their own a signed note must be given to the Program Leader at the start of the program.*

## Badminton, 8-12 yrs

Students get together with your friends and play badminton. Each class will focus on warm-up, skill development and then lots of time to just play the game in a fun and supportive atmosphere.

**\$23.20, 3 sessions**

**F, 3:05-4:35pm May 3 497630**

## All Sports Girl's Only, 5-8 yrs

This girl's only program gets together to play a variety of sports, cooperative games and much more. Bring a water bottle and plenty of energy.

**\$23.20, 3 sessions**

**F, 3:05-4:35pm May 31 497636**

## Drama Basics, 9-12 yrs

### *Shadbolt in your School*

Children are introduced to the basics of drama through improvisation, theatre exercises and creative play. Self-awareness, role-playing, team building and respect are explored in this expressive and lively program.

**\$43.80, 4 sessions**

**Th, 3:15-4:45pm Apr 25 497923**

## After School Snack Attack, 5-10 yrs

Learn how to prepare and cook a new delicious and nutritious snack each week while making friends at the same time.

**\$38.40, 4 sessions**

**Th, 3:05-4:35pm May 9 497638**

## Science in the Kitchen, 5-10 yrs

Explore science all around us with simple ingredients found in the kitchen. Have fun with simple, safe experiments that are fun to do over and over while learning how and why things happen.

**\$36.60, 4 sessions**

**Tu, 3:05-4:35pm Apr 16 467631**



**\*\*After school programs do not run on Pro-D days or school holidays.**

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